

Youth Support Services

Youth support services across Merri-bek and surrounds assist people with a range of specialist support.

512 Sydney Road
Coburg 3058
T 9350 3737
E info@cismmerri-bek.org.au
Last updated: Oct 2024

After Hours / Helpline

Kids Helpline

T 1800 551 800

AVAILABLE

Telephone or chat for support & counselling services for people aged 5-25

HOURS

24 hours / 7 days

1800 My Youth

T 1800 699 688

AVAILABLE

Call for support, advice, and information on programs and supports for young people in Merri-bek

HOURS

Monday - Friday
9:00am - 8:00pm
Saturday - Sunday
10:00am - 6:00pm

Health & Support Services

Berry Street

266 Raglan Street, Preston 3072
T 9450 4700

AVAILABLE

Call for support, advice, and information on programs and supports for young people in Merri-bek

HOURS

Monday - Friday
9:00am - 5:00pm

Headspace Australia

2A Hartington St, Glenroy VIC 3046
T 9304 1011

AVAILABLE

Headspace Glenroy provides counselling and other services to young people from 12-25 years to support their mental health

HOURS

Monday, Tuesday, Friday
9:00am - 5:00pm
Wednesday, Thursday
9:00am - 7:00pm

Merri-bek Youth - Oxygen Youth

4/8 Gaffney St, Coburg VIC 3058
T 1800 699 688

AVAILABLE

Activities and programs on offer for young people aged 12-24 in Merri-bek.

HOURS

Monday - Friday
9:00am - 5:00pm

Merri Community Health Services

93 Bell St, Coburg VIC 3058
T 1300 637 744

AVAILABLE

Provides short to medium-term counselling for young people aged 12 to 25 on a range of issues including family violence, school, relationships, mental health, sexuality, assault, anger management, and eating disorders

HOURS

Monday - Friday
9:00am - 5:00pm

Orygen

35 Poplar Road, Parkville VIC 3052
T 9966 9100

AVAILABLE

Specialist mental health services for young people aged 12 – 25

HOURS

Monday - Friday
9:00am - 5:00pm

Queerspace - Drummond Street Services

100 Drummond St, Carlton VIC 3053
T 9663 6733

AVAILABLE

LGBTQIA+ well-being support service with a focus on relationships, families, parenting and young people

HOURS

Monday - Friday
9:00am - 5:00pm

STREAT

66 Cromwell St, Collingwood VIC 3066
T 9629 4222
E: youthprograms@streat.com.au

AVAILABLE

Education and hospitality training, plus paid work opportunities after completing the program, available for people aged 16-24 years old

HOURS

Monday - Friday
8:00am - 3:00pm

Victorian Aboriginal Health Service

238-250 Plenty Rd, Preston VIC 3072
T 9419 3000

AVAILABLE

The Victorian Aboriginal Health Service offers mental health counselling and support for young people, children and families from the Koori community

HOURS

Monday - Friday
9:00am - 5:00pm

Friday
9:00am - 4:00pm

Youth Northern Outreach Team (YNOT - Youth Projects)

1 Level 3/6 Hartington St, Glenroy VIC 3046
T 9304 9100

AVAILABLE

The Youth Northern Outreach Team delivers non-judgemental counselling and treatment for individuals dealing with alcohol and or other drug abuse or dependence problems, with a harm minimisation approach

HOURS

Monday - Friday
9:00am - 5:00pm

Youth Support and Advocacy Service (YSAS)

Level 3/33 Lincoln Square S, Carlton VIC 3053
T 9415 8881

AVAILABLE

Call for support, advice, and information on programs and supports for young people in Merri-bek

HOURS

Monday - Friday
9:00am - 5:00pm

Legal Services

Youthlaw

147-155 Pelham St, Carlton VIC 3053
T 9113 9500

AVAILABLE

Free legal assistance for people aged under 25

HOURS

Monday - Friday
9:00am - 5:00pm

Victorian Aboriginal Legal Service

273 High St, Preston VIC 3072

T 1800 064 865

E: vals@vals.org.au

AVAILABLE

The Victorian Aboriginal Legal Service offers referrals, advice/information & case work assistance for Aboriginal & Torres Strait Islanders

HOURS

Helpline 24 hours/ 7 days

Homelessness Services

Frontyard Youth Services

19 King St, Melbourne VIC 3000

T 9977 0077

E: frontyard@mcm.org.au

AVAILABLE

Provides multidisciplinary holistic programs to meet the needs of young people aged 12 to 24 who are at risk of or experiencing homelessness

HOURS

Monday - Friday
9:00am - 8:00pm

Saturday - Sunday
10:00am - 6:00pm

**This flyer is produced by a team of volunteers who regularly check and update this information.
Please contact info@cismerri-bek.org.au if you would like your information included.**

**We are proudly
supported by:**



Merri-bek
City Council